

THE CUPOLA



The Bulletin of The Medical Alumni Association of Bassett Medical Center
Bassett Healthcare Network, Cooperstown, New York

Fall 2012

Shifting Focus: Bassett Research Institute Update

By John J. May, M.D.

In recent years there have been major changes in Bassett's Research Institute (RI). Gone are the test tubes, gels and soon...the rodents. Based upon the limited size of Bassett's basic science effort, upon the difficulty that good scientists were experiencing in securing external funding and upon the costs associated with maintaining modern equipment, sustaining the animal facility and staffing the laboratories, it was decided to end the basic science work in the Research Institute.

Despite the considerations noted above, closing the remaining basic science laboratory has proven to be a painful experience. Michael Greene, Ph.D. (now on faculty at Auburn University) is a highly organized and creative scientist; and remarkable teacher who has mentored 17 residents in recent years. Their efforts through the E. Donnal Thomas Resident Research Program have contributed significantly to Dr. Greene's overall research program. In turn, many of them published their work or presented at national conferences. A number of research awards have been presented to our residents and some have benefited by securing highly competitive fellowships based, in part, upon the quality of their research work.

However for the Research Institute to



Pictured here (l. to r.) are Lynae Wyckoff, Nicole Krupa, John May, Kathy Kasproicz, Paul Jenkins, Melissa Scribani, some of the key members of the Research Institute team. Lynae Wyckoff will be working with other staff members (not shown) David Strogatz, Tom Hohensee and Chris Burrington on implementing community level child obesity pilot programs. Nicole Krupa is part of the Statistics and Computing Center team. John May is research director. Kathy Kasproicz, Paul Jenkins and Melissa Scribani are additional members of the Statistics and Computing Center team that has played a key role in documenting and tracking the health in communities served by Bassett.

grow over the coming decade, it must more effectively compete for external support. One area in which Bassett may have greater scientific impact is population research, specifically rural community health research. Bassett has generations of experience in delivery of care to the rural communities of central New York. Scientists in the Research Institute have accumulated quite substantial

data documenting the health of these communities over recent decades. Additionally, there is increasing expectation at both the state and federal levels that hospitals will actively contribute to the public health of their communities.

At considerable effort, the Research

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Message from the President of the Medical Alumni Board of Directors

We are again preparing for our annual medical alumni board meeting this October, with a specific focus on tangible ways to better support medical education and research opportunities for Bassett's residents and students in this very challenging environment. We plan to meet with Drs. Walter Franck and Henry Weil of the Columbia-Bassett program, and with Dr. John May of Bassett Research Institute (please refer to Dr. May's article in this edition of *The Cupola* regarding the evolving role of the Research Institute.)



Historically, the medical alumni board has provided support for a wide range of educational activities and programs for residents and faculty. In anticipation of reductions in funding for medical education due to health care reform, we are particularly concerned about perpetuating Bassett's commitment to education and its unique training environment and nurturing culture that many of us so warmly recall.

We will keep alumni informed of our plans and hope you will join in supporting our efforts. ■

Merideth Davis, M.D., President, Board of Directors

THE CUPOLA is the newsletter of the Medical Alumni Association of Bassett Medical Center. The Association was founded to provide support and recommendations to Bassett Medical Education Department; to assist in recruiting medical students, house staff and attending staff; and to provide financial support to develop and enhance medical education at Bassett.

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Beginning a New Role with *The Cupola*

By Alan J Kozak, M.D.

It is truly an honor to assume role of editor-in-chief of *The Cupola*. With John Davis as originator and long-standing editor of this alumni publication, the prospect of assuming his role is a bit daunting. John has distinguished himself by his energetic commitment to Bassett, its history, and its growing number of alumni, which now includes not only house staff but also medical students. His membership in the Bassett family began in 1956, when he arrived as a Medicine house officer after having graduated from Harvard's medical school. His long, subsequent tenure as a dedicated clinician and teacher afforded him opportunity to witness and serve a significant role in Bassett's growth and history. During this time, he also became an important mentor and friend to a large number of its trainees, myself included.

I first became acquainted with John, when I entered the Medicine training program, after my 1969 graduation from the University of Rochester's School of Medicine and Dentistry. I was assigned to him as his "first preceptee." I vividly remember our initial meeting in his small office in the fieldstone building. I remember and appreciated his



Alan J. Kozak, M.D., with his mentor and colleague, John S. Davis, M.D., founding editor of *The Cupola*

enthusiastically warm welcome. I also recall a wonderful Thanksgiving dinner that year hosted by him and Jean at their grand home on Pine Boulevard. We sat at a large table surrounded by a brood of bright, talkative youngsters, which John and Jean effectively held in check. Although I may have been a bit drowsy after having worked all of the night before, the quaintness of the experience and warm feelings of that time persist in my memory.

When I completed my training and returned to Bassett as a Medicine staff member in 1977, John once again greeted me with warmth and enthusiasm. Although he is probably unaware, I continued to view him as a personal

role model, mentor, and, of course, preceptor. Now 35 years later, the prospect of assuming one of his important roles is an honor. I look forward to working with *The Cupola's* fantastic support staff, including Marianne Bez and Mary Wiswell. I also look forward to maintaining close ties with our Alumni Board and re-establishing connections with Bassett graduates with whom I have had the pleasure of working over the years.

I welcome and look forward to any suggestions that you as alumni may have. I want to continue what John began, and nurture its further development.

P.S. Stay in touch with me at alan.kozak@bassett.org

Bassett Looks Back



Pictured in the early 1980s, pulmonologists Dr. David Pratt (left) and Dr. John May shared an interest in researching occupational health and safety issues among New York's farming population. Their initial work, known as the Bassett Farm Safety & Health Project, developed into the New York Center for Agricultural Medicine and Health (NYCAMH). Today, this mission is carried out through research, outreach, education, and clinical consultation services offered by an interdisciplinary team that includes: epidemiologists, biostatisticians, social workers, information specialists, occupational health nurses, educators, physicians, bilingual safety specialists and support staff.

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Institute has collected extensive data in the recent Upstate Health and Wellness Survey and its predecessors, Health Census 1989 and Health Census 1999. These data provide a unique insight into the health of thousands of randomly selected families in the Bassett service region. We know much about their health risks, their preventive behaviors, their access to care and their health resources. Analyses of these data have led the RI to place its initial focus upon the problem of child obesity in our region.

In the spring of 2012, the RI concluded an extensive review of existing programs aimed at child obesity. Organized by the RI's Center for Rural Community Health, teams of professionals from the RI and Bassett's physician staff systematically reviewed and scored hundreds of published reports, gradually winnowing out those that were shown to be not effective, were ill-suited for our rural communities or lacked political feasibility. In the end the 5-2-1-0 Program developed in southern Maine emerged as the most suitable for our rural region. A regimen of five servings of fruits/vegetables, less than two hours of "screen time" (TV, video games, and computers), one hour a day of vigorous exercise and zero sugary beverages is actively promoted to children and parents through multiple sites in the community. Further analyses of surrounding towns identified two that seemed best suited for the initial piloting of 5-2-1-0 on a community-wide basis. Currently RI staff is working closely with staff from Bassett's School-Based Health Clinic program to assure a tightly coordinated effort in the schools. Bassett's HealthWorks program has established relationships with employers in both communities and will be working with them to promote 5-2-1-0 through worksites. Subsequent efforts will promote the program to pre-school programs, community agencies, grocery stores, after-school programs and other local resources. Short-term measures will include recognition of the 5-2-1-0 message by teachers, parents and children. Self-reports of dietary behaviors, food shopping decisions and measures of exercise activity will help to assess the adoption of the program. Eventually evaluators will be seeking evidence of stabilizing or falling body mass index measures in the target population. Documentation of impact in these pilot efforts will hopefully lead to external support to broaden this effort to other communities in the central New York region.

In other towns, RI scientists are teaming with a prominent grocery chain to assess the impact of combined educational efforts directed at elementary students and their parents. Here, a shift in purchasing patterns of selected food items could provide strong evidence of program effectiveness. The Research Institute's Rural Health Education Network Delaware, Otsego, Montgomery, Schoharie (RHENDOMS) will be a key player in this trial.

While the Research Institute is studying ways to enhance rural community health, it will also be turning inward to look critically at Bassett Healthcare and its regional network of health centers and affiliated institutions. While not unique, Bassett is one of a handful of rural institutions to combine a group-employed physician staff with a tightly networked approach to service delivery. Bassett carefully measures its quality performance on a continuous basis, but there are currently no hypothesis-driven analyses of network function in the provision of care to a variety of health challenges. The Research Institute is currently conducting a national search for a scientist with considerable experience in "health services research" to establish a group at Bassett. It is hoped that this position will be filled within the next six months.

Support of clinician research efforts is a priority for the Research Institute. Physicians with a particular interest and skill in clinical research may receive part-time support that relieves them of some clinical responsibilities so that they may pursue research projects. They are supported in these efforts by an experienced team of research nurses and by statisticians who excel at study design and data analysis. This same team is available to any clinician—attending, resident or student—interested in pursuing clinical or population research efforts. Currently there are two quite productive clinician research fellows and there are a number of other attending-generated projects.

A challenge for the Research Institute will be supporting resident research in the absence of Dr. Greene. A second challenge is providing sufficient research opportunities and support for a growing number of Columbia-Bassett medical students. To date the Research Institute appears to be responding to these and other challenges quite well. ■

Alumnus Leads Bassett Research



Dr. John May

John J. May, M.D. Director of Bassett Healthcare's Research Institute, first came to Bassett for an internship in 1973, and stayed to complete his residency in Internal Medicine. In 1981, after a fellowship in Pulmonary Disease at the University of Colorado Medical Center, he returned to Cooperstown as an attending physician specializing in Internal Medicine and Pulmonary Disease. For more than two decades, he has been particularly interested in occupational health problems affecting rural populations, especially in agriculture. Also, Dr. May directs the NIOSH (National Institutes of Occupational Safety and Health) New York Center for Agricultural Medicine and Health.

Golden Awards Announced

The 2012 Golden Apple awards, given by the residents to the faculty members they felt were their most outstanding teachers, were presented to M. Bernadette Ryan, M.D., and Stratton G. Danes, M.D. (Surgery); and to William W. LeCates, M.D. (Medicine).

Bassett residents and students recently honored two of their own with the Golden Stethoscope awards. The Surgery students chose Sanjay Thomas, M.D., as the resident they felt was their best teacher. The Internal Medicine residents selected Daych Chongnarungsin, M.D.

THE BASSETT FAMILY ALBUM — ALUMNI NEWS

Please keep your notes and photos coming! Editor

1950s

Donald A. (DA) Henderson, M.D. (*Intern 1954-55, Fellow in Medicine 1958-59, member Board of Trustees 1995-2001*), has joined such notables as Sandra Day O'Connor, Robert MacNeil, and Doris Kearns Goodwin as a gold medal awardee of the National Institute of Social Sciences. The award recognizes "Americans who have made the highest contribution to the welfare and improvement of American—and often world—society." D.A. Henderson is Distinguished Scholar at the Center for Biosecurity of UPMC and former Chief Medical Officer, WHO Global Smallpox Eradication Campaign.

Homayoun Kazemi, M.D. (*Medicine Resident 1958-62*), emeritus chief of the Pulmonary and Critical Care Unit at the MGH, was honored with the 2012 American Thoracic Society Recognition Award for Scientific Accomplishments for his research on pulmonary pathophysiology, in particular his studies of central respiratory control. The award, given during the society's international conference, recognizes outstanding scientific contributions in basic or clinical research to the understanding, prevention and treatment of lung disease.

Peter C. Lombardo, M.D. (*Rotating Intern 1958-60*), a board-certified specialist in dermatology who practices in Manhattan, was elected the presi-



Dr. Peter C. Lombardo

dent of the New York County Medical Society in June. In his inaugural remarks, Dr. Lombardo pledged that the Society would continue to work to "attain the highest standards of medical practice and care and champion the integrity of the doctor-patient relationship."

In addition to his post-graduate training at Bassett, he also trained at the Presbyterian Hospital of Columbia Presbyterian Medical Center, and the St. Luke's Hospital Center and he served in the Medical Corps of the United States Naval Reserve.

He is an Associate Clinical Professor of Dermatology, at the College of Physicians and Surgeons at Columbia University in New York. He is an associate attending in dermatology at Columbia Presbyterian Medical Center and an attending in dermatology at St. Luke's-Roosevelt Medical Center.

William B. Greenough, III, M.D. (*Medicine Resident 1959-1961*) wrote: "I had worked with Don and Dottie Thomas in Cooperstown as a hematology fellow, but had not had an opportunity to visit them since then. This past Thanksgiving holiday, my wife and I were able to spend a delightful afternoon with them at their home in Seattle.

It was wonderful to catch up with both of them and brought back a lot of memories of time in Cooperstown. Don remains active teaching students, and Dottie is active and vibrant as always. Their home is full of pictures of his distinguished career as scientist, physician, and outstanding outdoorsman. He remains the remarkable person I knew while at Bassett. I personally treasure his mentorship which has helped me throughout my career.

I remain active as a full-time member of the Department of Medicine and of The Bloomberg School of Public Health at Johns Hopkins in the Department of Medicine, Division of Geriatric Medicine."

1980s

David O'Brien, M.D. (*Transitional Year 1987-88*) has written to share the news that, the U.S. Air Force has moved him again and he is now located at Scott Air Force Base, in Illinois. He writes, "I serve as the Command Surgeon for U.S. Transportation Command. The command surgeon's office oversees patient movement for wounded warriors and family members throughout the globe – approximately 10,000 patient moves per year. It is great to be back at Scott AFB and working with some of my former colleagues in the aeromedical evacuation community, directly supporting those who have put their lives on the line for the security of the nation."

1990s



Dr. Eugene McMahon

Eugene J. McMahon, M.D. (*Medicine Resident 1990-91*) is pleased to share the news that as President and CEO of Provena Saint Joseph Hospital, Elgin, Ill., he was named to *100 Top Physician Leaders of Hospitals and Health Systems*, published by Becker's Hospital Review. He was appointed to this position at Provena Saint Joseph Hospital in March, 2011 after having served as CMO for a year.

Following his internship at Bassett, he completed a residency in pathology and laboratory medicine at Georgetown University Medical Center, and later earned a Masters of Business

Administration from the Kellogg School of Management at Northwestern University. As a board-certified pathologist, he began his pathology practice in 1994 in Milwaukee and he has more than 20 years progressive leadership experience in health-care.

2000s

Gary Chimes, M.D., Ph.D. (*Medicine Resident 2002-03*) is serving as the Division Chief of Physical Medicine and Rehabilitation at the University of Pittsburgh School of Medicine. In August he visited Cooperstown to present an Interdepartmental Grand Rounds on the subject of the "Physical Medicine and Rehabilitation Approach to Musculoskeletal Wellness."

Adolfo Ramirez Zamora, M.D. (*Medicine Resident 2005-06*) made a return visit to the Bassett Medical Center to present a Medical Grand Rounds at in June, on the topic, "Deep Brain Stimulation in Neurological Disorders: From Shaking to Remembering." Presently Dr. Zamora practices at Albany Medical Center where he is also an Assistant Professor in the Department of Neurology.

Michael A.B. Akerley, D.O. (*Transitional Resident 2008-09*) reports "I have completed my four years military obligation as a Flight Surgeon in the U.S. Air Force in Cheyenne, Wyo. and I am now very excited to be starting my Anesthesiology residency at Penn State University in Hershey, Pa."

Henry K. Kurban, M.D. (*Transitional Resident 2006-2007*) has recently been appointed the Director of the Charlotte County (Fla.) Health Department. He is a board certified preventive medicine specialist who has worked with a variety of private and public health care organizations. He also reports that he and his wife Sofia are very fortunate to have just had their first baby Rafael. ■

Bassett Names Research Award Recipient

Erin Gillaspie, M.D., a surgical resident in her fourth year of training at Bassett Medical Center, was presented with the E. Donnell Thomas Outstanding Research Presentation Award for 2012. Her research project and poster was among seven recently presented as part of the E. Donnell Thomas Research Day.

Gillaspie's research study project, titled "Insulin Resistance and the Impact on Colon Cancer" studied tumors in the setting of obesity and hyperinsulinemia (high circulating levels of insulin). "We are hoping the research will help us to define the pathways by which hyperinsulinemia promotes tumor growth, with the ultimate goal of being able to design new, focused treatments for cancer," said Gillaspie.

Gillaspie worked closely with Michael Greene, Ph.D. and Darin Lynch from the research lab at Bassett Medical Center. She



Erin Gillaspie, M.D., Bassett Medical Center surgical resident, wins the E. Donnell Thomas Outstanding Research Presentation Award for 2012.

earned her medical degree from the University of Miami Miller School of Medicine. Gillaspie will complete her surgical residency at Bassett in June 2013, and will pursue a fellowship in thoracic surgery. "I've always been passionate about treating cancer and interacting with cancer patients; they are amazing people," said Gillaspie.

The E. Donnell Thomas Award is given annually to a Bassett trainee who has conducted exceptional research while at Bassett Medical Center for residency. The award is named in honor of E. Donnell Thomas, who served as Bassett's physician-in-chief from 1955 to 1963. He was awarded the 1990 Nobel Prize in Medicine for his pioneering work in bone marrow transplantation, which he began at Bassett. Dr. Thomas performed the world's first human bone marrow transplant at Bassett in 1956. ■

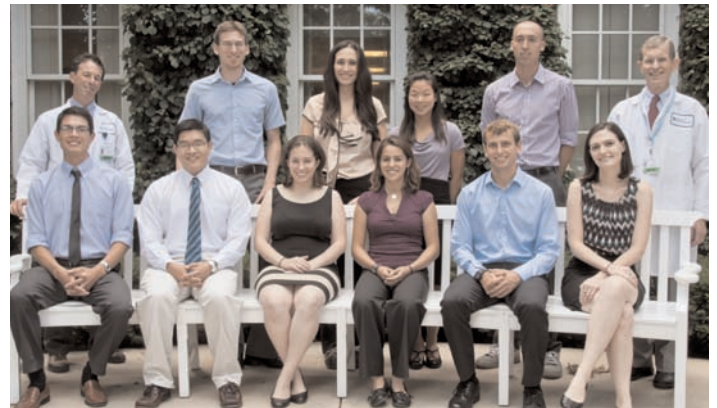
Columbia-Bassett Students Visit Cooperstown

The third class of medical students to be accepted to the Columbia-Bassett Medical School Program spent the week of August 6-10 in Cooperstown, getting to know Bassett Medical Center campus as well as the community they will return to in January of 2014.

The first day of orientation week was spent working alongside area business owners. Some of the students worked at a farm in Cooperstown, some helped with construction and others worked at a local health food store. Later in the week, students spent the day learning about people living in assisted settings at Springbrook, Hospice or At Home Care.

The week in Cooperstown also included: a session with James Carse, an author and professor emeritus, New York University, discussing the forces that influence people and dominate business and politics; discussions with professors from Columbia's School of Business and School of Public Health about the U.S. health care system and medical errors; shadowing doctors in the outpatient clinic and in the hospital setting; and visits to local cultural sights.

The orientation provided an opportunity for these aspiring physicians to understand their patients as people by seeing them in the environment in which they live and work. They were also introduced to the Columbia-Bassett curriculum, which is designed to graduate physicians who understand and can lead the health systems of the future.



Columbia-Bassett Class of 2016 and the program's deans. Front row (l. to r.): James Watts, from Seattle, Wash.; Wilson Sui, from Yardley, Pa.; Kathryn Williams, from Flemington, N.J.; Anna Zuckerman, from Millburn, N.J.; David Drouillard, from Minneapolis, Minn.; Maeve O'Neil, Annandale, N.J.; Back row (l. to r.): Dr. Henry Weil, assistant dean for education; Samuel Porter, from Ballston Spa, N.Y.; Laura DiCola, from Hastings on the Hudson, N.Y.; Joanna Tu, from Los Altos, Calif.; Nicholas Feinberg, from Cooperstown, N.Y. and Dr. Walter Franck, senior associate dean.

The class will spend its first 18 months at Columbia University College of Physicians and Surgeons before returning to Bassett in January of 2014 for two and a half years of clinical training. ■

The Cupola Is Available Digitally

Did you know that *The Cupola* and its back issues are available on Bassett Healthcare Network's website?

To find it, go to www.bassett.org/cupola

Would you like to receive your copy of *The Cupola* newsletter by email?

If so, send an email to cupola@bassett.org with the subject line: Please send *The Cupola* electronically

Residents Leave Bassett to Pursue New Endeavors

Twenty-two members of Bassett Medical Center's house staff completed their training in June and have moved on to new endeavors. Two of them, Drs. Senthil Aruchamy and Shailajaj Chikoti, will remain at Bassett as hospitalists. Departing residents, their programs at Bassett, and their plans upon leaving are:

Kristen A. Ahern, M.D. (Transitional Year), Dermatology, University of Rochester, Rochester, N.Y.
 Keri F. Allen, M.D. (Internal Medicine), Ophthalmology Research, Massachusetts Eye and Ear Infirmary, Boston, Mass.
 Madiha M. Alvi, M.B., B.S. (Internal Medicine), Endocrinology Fellowship, University of Vermont, Burlington, Vt.
 Senthil K. Aruchamy, M.B.B.S. (Internal Medicine), Hospitalist, Bassett Medical Center
 Tarun I. Bajaj, M.D. (General Surgery), Minimally-Invasive Surgery Fellowship, Texas Endosurgery Institute, San Antonio, TX
 Sirisak Chanprasert, M.D. (Internal Medicine), Medical Genetics Fellowship, Baylor College of Medicine, Houston, TX
 Dipendra Chaudhary, M.B., B.S. (Internal Medicine), Academic Hospitalist, Baptist Medical Center, Winston-Salem, N.C.
 Shailaja Chikoti, M.B., B.S. (Internal Medicine), Hospitalist, Bassett Medical Center
 Saleem Chowdhry, M.B., B.S. (Internal Medicine), Gastroenterology Fellowship, Case Western University, Cleveland, OH
 Kelly L. Hodson, M.D. (Internal Medicine), Ophthalmology Residency, SUNY Upstate Medical University, Syracuse, N.Y.
 Teeranun Jirajariyavej, M.D. (Internal Medicine), Endocrinology Fellowship, Harbor/UCLA Medical Center, Torrance, Calif.
 Dilan M.R. Jogendra, M.B., B.Ch., B.A.O. (Internal Medicine), Cardio-Hypertension Clinical Research Fellowship, The Mount Sinai Medical Center, New York, N.Y.
 Nicolas T. Kummer, M.D., Ph.D. (Transitional Year), Radiation Oncology Residency, UCLA Medical Center, Los Angeles, Calif.
 Bo Li, M.D. (Transitional Year), Diagnostic Radiology Residency, St. Luke's Roosevelt Hospital Center, New York, N.Y.
 Rostislav Medvid, M.D. (Transitional Year), Radiology Residency, University of Miami/Jackson Memorial Hospital, Miami, Fla.
 James L. Nasralla, M.D. (Transitional Year), Radiology Residency, West Penn/Allegheny Health System, Pittsburgh, Pa.
 Ranjit S. Sandhu, M.D. (Transitional Year), Radiology Residency, New York Presbyterian Hospital, New York, N.Y.
 Sylvie R. Stacy, M.D. (Transitional Year), Preventive Medicine Residency, Johns Hopkins School of Public Health, Baltimore, Md.
 Huynh Tran, M.D. (Transitional Year), Radiology Residency, University of Florida, Jacksonville, Fla.
 Sareem Wani, M.B., B.S. (Internal Medicine), Hospitalist, Allen Memorial Hospital, Waterloo, IA
 R. Logan Webb, M.D. (Transitional Year), Radiology Residency, Staten Island University Hospital, Staten Island, N.Y.
 Rachel D. Wooldridge, M.D. (General Surgery), Surgical Oncology-Breast Fellowship, University of Texas Southwestern, Dallas, TX ■

Four Alumni Join Bassett Staff

Robert Swan, M.D., recently joined Bassett Healthcare Network as an ophthalmologist who will see patients at Bassett Medical Center in Cooperstown, at Cobleskill Regional Hospital and Oneonta Specialty Services. Dr. Swan completed an ophthalmology residency at Albany Medical Center and an internship at Bassett Medical Center. He earned his undergraduate degree at State University of New York at Binghamton and his medical degree at Upstate Medical University in Syracuse, graduating cum laude.



Robert Swan, M.D.

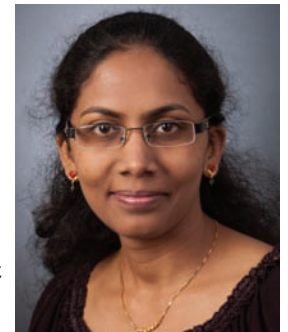
Luis Ocegüera, M.D., has joined Bassett Medical Center as an attending surgeon in the Division of General Surgery after recently completing a fellowship in colon and rectal surgery at Indiana University School of Medicine. Dr. Ocegüera completed an internship, followed by a surgical residency, at Bassett Medical Center. He earned a Master of Science in anatomy at Loma Linda University and his medical degree at Loma Linda University School of Medicine in California. Dr. Ocegüera also holds a degree in accounting from La Sierra University.



Luis Ocegüera, M.D.

Welcome back, Dr. Ocegüera and Dr. Swan.

Shailaja Chikoti, M.D., has joined Bassett Healthcare Network as a hospitalist and will provide inpatient care at Bassett Medical Center. Dr. Chikoti completed an internship at Mahatma Gandhi Memorial Hospital in India and Bassett Medical Center and recently completed her residency at Bassett Medical Center. Dr. Chikoti earned her medical degree at Kakatiya Medical College, India.



Shailaja Chikoti, M.D.

Senthil Aruchamy, M.D., has joined Bassett Healthcare Network as a hospitalist and will provide inpatient care at Bassett Medical Center. Dr. Aruchamy recently completed his internal medicine internship and residency at Bassett Medical Center. He earned his medical degree at PSG Institute of Medical Sciences & Research, India.



Senthil Aruchamy, M.D.

We are pleased to have Dr. Aruchamy and Dr. Chikoti remain in Cooperstown. ■

IN MEMORIAM: BASSETT REMEMBERS

Alumni: Please send copies of obituaries of former Bassett trainees, faculty or other members of the "Bassett Family" to cupola@bassett.org

JAMES JEROW ELTING, M.D.

James Elting, M.D., orthopaedic surgeon at Bassett Healthcare, died Aug. 10, 2012, after a brief and unexpected illness.

Dr. Elting was born on Aug. 4, 1939, in Neptune, N.J., to parents Julia Thompson and Stephen Gerow Elting. He graduated with honors from Yale College in 1961 and went on to medical school at the College of Physicians & Surgeons at Columbia University.

Dr. Elting first came to Cooperstown as an intern at Mary Imogene Bassett Hospital in 1966 to 1968; and developed a deep love for the area then. Following his internship he served in the Navy, as the First Medical Officer aboard the USS Columbus, the flagship of the Sixth Fleet. He went on to complete a residency in Orthopaedic Surgery at Yale New Haven Hospital.

In 1973, Dr. Elting returned to upstate New York and established a medical practice in Oneonta, becoming the first orthopedic surgeon on the staff of A.O. Fox Hospital. A lifelong love of sports led him to incorporate sports medicine into his practice, in addition to the specialty of joint replacement surgery.

In 1995, he joined the staff of Mary

Imogene Bassett Hospital as senior orthopaedic surgeon and assistant clinical professor, College of Physicians and Surgeons of Columbia University, returning to the hospital where he had trained so many years before, taking pride in helping train another generation of young physicians.

He is survived by his wife of 31 years, Karen; his children, Kimberley Elting and her husband, Stewart Cohen, Laird Elting and her husband, Jean Robert, and William M. Elting; his stepchildren, Regan Wesson and her husband, Steve, and Clay Curley and his wife, Anne Marie; and his grandchildren Amy, Mark, Teal, India, Reid, Matthew and Petra. Also surviving are his brother, William W. Elting of Houston, Texas; and several sisters- and brothers-in-law.

FRED D. HOLFORD, M.D.

Fred D. Holford, M.D., 83, died July 1, 2012 at his home in Media, Pa. He was predeceased by his wife Dr. Doris Werster-Hill and son Scott Holford.

Born on July 28, 1928 in White Plains, N.Y., Fred enlisted in the Navy after graduating high school during WW II. He later attended the University of Vermont, grad-

uating Phi Beta Kappa in 1952 and the University of Vermont Medical School, graduating Alpha Omega Alpha in 1956. He was a resident in Internal Medicine at the Mary Imogene Bassett Hospital from 1957 to 1960. He went on to become an accomplished cardiologist.

He began his career in a private practice in Delray Beach Florida. Following, he was an associate professor at Dartmouth Medical School and cardiologist at Mary Hitchcock Memorial Hospital in Hanover NH. Later he was an associate professor and cardiologist at The University of Pennsylvania and The University of Colorado.

Fred retired in Jackson, Wyoming where he was an avid skier and golfer with an overall love for the outdoors. He enjoyed telling his family stories of wildlife encounters, and had a sharp sense of humor and engaging intellect.

Fred is survived by his first wife, Clara Brooks Holford, daughter Shelly Hritz, daughter Susan Breznick, son Fred Holford, son Keith Holford and daughter Sarah Canada; also survived by 10 grandchildren and 2 great grandchildren. ■

Physician Employment Opportunities at Bassett Healthcare Network

Thinking of a career move? Do you know another physician seeking a position in an award-winning network of six hospitals and 28 regional sites? Consider these openings in Central New York and Cooperstown. For more information visit:

<http://recruitment.bassett.org/physician-jobs/>

Or call the Medical Staff Affairs office at 607-547-6982

Anesthesiologist
Cardiologist (Non-Invasive)
Dermatologist
Emergency Medicine
Family Medicine (Clinton, NY)
Family Medicine (Delhi, NY)
Family Medicine (Norwich, NY)
Family Medicine (Richfield Springs
and West Winfield, NY)
Family Medicine (Sherburne, NY)
Family Medicine (Sidney, NY)
Gastroenterologist
General Surgery

Health Services Researcher
Hospitalist
Internal Medicine (Herkimer, NY)
Internal Medicine (Oneonta, NY)
Internal Medicine - Prime Care
Medical Director (Herkimer, NY)
Neurosurgery (Division Chief)
Neurosurgery
OB-GYN - Physician
Ophthalmology
Orthopedic Surgeon (Foot & Ankle)
Otolaryngology
Pediatrician

Physiatry
Psychiatrist - Adult (Inpatient)
Psychiatry Inpatient Dynamic Director
Pulmonologist
Rheumatologist
Urologist

Key Bank to Fund Medical School Scholarship

The Central New York Key Bank Foundation Committee has awarded Friends of Bassett Healthcare Network a four-year grant of \$120,000 to provide scholarship support for one student over the course of his or her four-year Columbia-Bassett Medical School experience beginning this fall.

“Innovative ways of attracting highly skilled physicians to practice in rural areas are crucial given the changing health care environment,” observes Stephen D. Fournier, president of Key Bank’s Central New York District. “The Columbia-Bassett program goes well beyond that by also preparing medical school students to lead the health systems of the future, and that’s why Key Bank felt it was important to demonstrate the Foundation’s support of the program in such a meaningful way.”

Columbia-Bassett Assistant Dean for Education Dr. Henry Weil says the Key Bank grant will be life changing for the student who receives it. “Young physicians coming out of medical school face educational debts that can exceed \$200,000, which forces them to make career decisions based upon maximizing their earning potential,” notes Dr. Weil. “Our goal has been to make rural practice a more

attractive and viable option by limiting future debt through substantial financial assistance, like the scholarship Key Bank will provide to one deserving medical school student.”

The Columbia-Bassett Medical School Program is a collaborative endeavor of Bassett Medical Center in Cooperstown and the College of Physicians and Surgeons at Columbia University in New York City. The program annually recruits 10 exceptional students with an interest in providing care in underserved rural communities and learning how to manage health care systems that promote both quality and cost-effective delivery of care. Bassett Medical Center underwrites the cost of education for the students, providing \$30,000 in scholarships per year per student. The students spend their first 18 months learning the basic science curriculum with the rest of their class in New York City, but their clinical training for the following two-and-one-half years is based at Bassett Medical Center.

This unique program attracts more than 750 applicants each year for the 10 positions. Applicants are from across the country and are among the most qualified of those applying to medical school. ■



Good for You. Good for Bassett.

A Friends of Bassett Healthcare Network Charitable Gift Annuity provides income for life and can reduce your taxes.

If you’re over the age of 65, a charitable gift annuity can outperform many other types of income-producing assets, especially in today’s volatile economy. For example, if you are 72 years old and make an irrevocable \$10,000 gift to the Friends of Bassett to fund a Charitable Gift Annuity, your return compares to a bank CD as follows:

	Bank CD	Charitable Gift Annuity
Payment rate	.9%	5.4%
Annual payments to you	\$90.00	\$540.00
Tax-free portion	-0-	\$422.82
Ordinary income portion	\$90.00	\$117.18
Income tax charitable deduction	-0-	\$3,870.00
Income taxes @30%	\$27.00	\$35.34
Net income after tax	\$63.00	\$504.66
Return on cost	.0063%	6.1%

Equivalent rate of return after tax-free portion of annuity and tax deduction factored in: 8.2%

All annuity information is based upon American Council on Gift Annuities rates, which are actuarially determined payouts and are subject to regulation by the New York State Department of Insurance.

To learn more about the value of a charitable gift annuity, contact Josh Truman at the Friends of Bassett Healthcare Network: (607) 547-3928 or email joshua.truman@bassett.org.



Friends of
Bassett Healthcare Network

One Atwell Road, Cooperstown, New York 13326-1394 • www.friendsofbassett.org

THE CUPOLA
Bassett Healthcare Network
One Atwell Road
Cooperstown, NY 13326

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